



THE *BEST*

SCOTT ANDREW LEY

TODAY
IS THE FIRST
DAY OF
THE BEST
OF YOUR LIFE

Scott Andrew Ley

P r e f a c e

Two initial things I'd like to reveal about this eBook: First, this book is designed for those people who have read other books about attaining success, but who haven't yet been able to make a breakthrough, to reach that level you are striving for. Maybe you have attended some talks, discussions, seminars. You may have even watched Rhonda Byrne's fascinating film called "The Secret". You've done all this, and yet you continue to wonder if you can discover how to make it work for you, how you can improve your life and become successful, too.

Second, maybe you have wondered about the background of this eBook. I use a special code that results in a soft green background color. This relaxes and soothes your eyes as you read. You'll see what I mean as you read on.

Thank you very much for getting this eBook and reading it. Just your doing so makes me feel as wealthy as can be. I am also very grateful to Rhonda Byrne for her long, hard work that resulted in

the film, "The Secret", and to all the other folks who have helped me with this eBook. This includes the prolific and great teacher, "Mr. Fire", Joe Vitale. I am more grateful than words can say!

INTRODUCTION

A lot of buzz and writing is going on about a recent and amazing re-discovery. Everybody is calling it "The Secret", and it seems to be "the latest rage". Let's hope it turns out to be more than that, because what The Secret is all about *has always been* true, is true **now**, and *will always and ever be* true!

And yet, many people are finding The Secret very challenging. It's not easy for us to suspend our disbelief when we read or hear about such things. Even those of us who are able to see and feel some good in The Secret are apt to give it a brief try, and then just give up on it. Why? Because they just don't think it's going to work for them. And really, the only reason, the **only** reason The Secret doesn't work for them is simply because they gave up on it.

There is a remarkable reason, a truly amazing answer why these people just cannot seem to get The Secret to work. When you possess this reason, this answer, then you will be able to get The

Secret to work for you. And the reason, the answer, the way to get
The Secret to work for you is exactly what this book is about.

It's a rainbow. That's what most people think about The Secret,
just a rainbow. A beautiful arch in the sky of many colors and
hues, made so beautiful and tempting by a bunch of money-hungry
con artists. It's just a pretty rainbow with a pot o' gold at the end
of it, an unreachable glowing vessel of golden delight at the end of
it. And I have proven to myself, and I will prove to YOU, that The
Secret is much, much more than a pretty rainbow. It is in fact a
law of the Cosmos. Not just a "generalization" like you read about
in science, The Secret is a true "law". It is in truth the *only* law.
The Secret is the only Universal law there is! Everything else
comes from this. All things branch and stem from The Secret...

LAW OF ATTRACTION

This link above will serve most people to find out what The
Secret is all about. And many people will find the good in the Law
of Attraction and use it to their abundant benefit. And many more
won't. For those persons who try to make the Law of Attraction

work and can't, if you are one of these persons, then this book will be your guide. Like a brand new car, The Secret is yours. It's waiting for you, parked out there in front, where all you have to do is jump in, start it up and *go!* Before you go, I am happy to furnish the information you need, the map, the driving lessons. No matter what it is you think you need to get where you want to go, you will find it in this book, I guarantee it.

Whatever you do, don't turn your back on this Law of Attraction. It is real; it is good; it is truth. And the only way you'll know for sure, for *certain*, is for you to accept on your deepest level possible this powerful, forceful and undeniable fact that...

TODAY IS THE FIRST DAY OF THE BEST OF YOUR LIFE !

TODAY...

Every new day is better than the last. Each day is an invite for you to start over. Each new day comes with the potential to be the very best day you have ever had. And all you have to do is ask.

We see so many people today who are glued and stuck in the past. I won't dwell on it. And the vast majority of so-called "high achievers" are stuck where? It's a place we all want to go, but very few of us really care to plan for it: It's the future.

So where exactly does the present, the *n-o-w*, fit in? Now is just a brief, wispy moment to most of us. Our minds can't focus on the "now" because the "now" barely even exists! It might help, though, if we stretch the "now" just a bit. Let's try to see the "now" as the short span of time in which we are actually living right this moment. We can stretch it a few seconds or minutes into the past, and a few seconds or minutes into the future. Now we can get a better handle on the "now". We can even call it "today".

When I was younger, I stayed with a friend who had a poster on his wall. The poster was covered with psychedelic colors, and it read across the top,...

**TODAY IS THE FIRST DAY
OF THE REST OF YOUR LIFE**

And I thought, 'now that's a catchy little thing, isn't it?' Those words caught on, and almost everybody was saying it. Then it gradually fell out of favor through overuse. Yet, I've always thought of it as a good message. It said to me, "Life is Short, so Make It Sweet, and Put the Past Behind You. On With Your Life!"

This is precisely what you must do, put the past behind you, in order to benefit from the powerful Law of Attraction. There may be nothing in your past that you can find that leads you to believe this natural law of the Universe is true. In fact, there are probably some things in your past that tell you just how fantastic and unbelievable the Law of Attraction is. If this is so, then you must find a way to *suspend your disbelief*.

But How? To suspend one's disbelief is far more easier than it might seem. We do it everyday. Every time you watch a fictional film or you read a work of fiction, whether it's a romance novel or science fiction, you have to suspend your disbelief, or you might not enjoy the story.

The adventure "Jurassic Park", one of the most popular films in history, is all about dinosaurs brought to life in the late twentieth century. In this movie we are asked to accept that mosquitoes stung dinosaurs just like they sting us today. And some of those ancient mosquitoes got stuck in a thick, sticky sap that hardened into a transparent yellow-gold rock called "amber". Then we must *really* begin to suspend our disbelief, for we are asked to accept that, using special tools, a scientist can drill into the amber and extract dinosaur blood and DNA from a fossilized insect, a mosquito that lived over 65 million years ago!

Further (because oh yes!, there's more!), we must believe that this 65 million-plus year old dinosaur blood can be mixed with modern amphibian blood to "fill in the gaps" of the dino DNA. The

DNA is placed inside an embryo cell, allowed to grow and multiply inside an egg casing, and then it hatches into a triceratops, a velociraptor or even a tyrannosaurus Rex! It was so realistic, and Michael Crichton is such a great writer, that I walked out of that movie actually wondering if such a thing could really be done! And of course, it cannot be done. There is no possible way for anyone to extract the DNA from 65 million-plus year old blood. And yet we both probably know people who would argue with me about that. And I'm not even going to get started on those Harry Potter books!

So a good fiction writer can make it very easy for you to suspend your disbelief. And this is what you must do in order to make the powerful Law of Attraction work for you. You must begin TODAY. And you must not stop doing the things suggested by the teachers in "The Secret". If you surrender to the past, your todays will pretty much remain the same, and heaven forbid they might even get worse. If instead you can suspend your disbelief and use, use, *use* the astounding universal Secret Law of Attraction, you will prove to yourself that it can and will work for you. It has always worked for you. The Law of Attraction has been giving you everything you've passionately thought about and felt that you

wanted *ever since the moment you were first conceived!*

...IS THE FIRST DAY...

By now you have put the past behind you, and you have found it easy to suspend your disbelief. **OOPS!** You say it's not so easy? Actually, this is normal and natural. You just need a little more coaching. So stay with me, and let me guide you. And you will begin to think, feel and *BE* successful! It can happen!

(And for those of you who already feel good about what you've read so far, let me caution you to keep reading. And I'll tell you why. When we are young, we have a tendency to rise to a certain level of lifestyle. The longer we keep to this lifestyle, the more we get used to it, and it becomes our very own "lifestyle level". When life throws punches at us, and we are "thrust" down and out of our normal lifestyle level, we usually work very hard to lift ourselves back up to our normal level. Also, if life is better to us than we expect, and we rise buoyantly to higher levels, we often work just as hard to bring ourselves back down closer to the lifestyle level

we're used to. Lottery winners often fall into this category.)

Now you know why most people fail. You can give them the greatest secret of all, and their eyes gloss over. Or worse, they use The Secret to improve their life, and then they fall back into their old habits! We are all "critters of habit". Yet we are also thinking, feeling beings. And **thinking** combined with passionate **feeling** are the only tools we have to overcome bad habits. You will be glad to find out that the strength of knowing The Secret is that the same tools you use, "thinking and feeling", to make the universal Law of Attraction work *FOR* you will, at the same time, be working to keep you from falling back down into your old lifestyle level!

So, is the secret Law of Attraction just "positive thinking" all wrapped up in a new package? No, it's much more. Positive thinking actually did work for some people, but most people couldn't make it work for them. So positive thinking lost its popularity. And now you know why. Then came the "positive affirmations". These are little phrases and sayings that were passed down to us by some of those positive thinkers that made positive thinking work for them, and then wanted to share what

they had learned. Positive affirmations are designed to "hammer" into your head those ideas that will help you to succeed. Again, some people have used these with many levels of success. But most others simply didn't have the time, or they got distracted and caught up in other parts of their lives, and didn't keep using positive affirmations.

Something was missing. People need more than just to be "upped" by positive thinking, or to be "hammered" by positive affirmations. People want to improve their life, but they have a very difficult time moving up and out of the rut of their own beloved lifestyle level. So if you really want to rise to a new and better lifestyle level, and then stay there and not fall back down to your old level (or, if you want to rise even higher), then you need to fully embrace the missing piece of the puzzle, the Secret Law of Attraction.

Every new day is a "first" day. It's a new beginning, a chance for you to start fresh. A most important new thought that comes to us from the Secret Law of Attraction is one that the teachers tend to "play down" a bit. They talk about it briefly as if they want to

gloss over it. They want this crucial thought to buzz past your conscious and register deeply within your mind. If this thought that is so critical to your success does not sink in, then you won't use the Law of Attraction to get what you want. So on this First New Day of yours, start fresh with this thought...

the Universe does not care what you want.

I know this may sound a bit harsh, but it's true. It simply means that the Universe will give you whatever it is you want, but will not judge you because of it. It is "the Sun shines on all of us, good and bad" type of idea. And more than this, it means that whatever you think about most, and with the most gusto and passion and enthusiasm, this is what the Universe will sense as what you want. So you can't keep thinking and talking about your bad health and expect the Universe to give you better health. The energy, the passionate vibrations that you emit to the Universe will be sensed as what you want. And if this energy is always or mostly your thinking and talking about how badly you feel, then the Universe will mistakenly see this as what you want, and it will align itself to give you more of the same!

The Universe does not care what you think about, does not care how you feel, does not care what you want. All the Universe does is give you what you think about most, what you dwell upon all the time, what you always talk about with others. *So many people* who use the Secret Law of Attraction tell the Universe what they want, and then turn right around and proceed to *show* the Universe what they don't want! with passion! In a very real sense, these people submarine themselves. We have to learn how *not* to dwell on our bad health, on our poverty, or on any of our poor circumstance. If you want to walk again, then you must not dwell on the fact that you have no legs! If you want to fly, then you must visualize yourself with WINGS!

No matter how impossible your dream may seem, if you ask the Universe for what you want, if you vividly visualize what you desire, if you think and talk about what you want all the time with feeling, with passion, then the Universe's answer must and will be...

Y o u r W i s h I s M y C o m m a n d

The good news is, you don't have to believe this for it to work. There was a scientist by the name of Niels Bohr who was sitting in

his office one day chatting with a friend. All of a sudden his friend rose to his feet, awestruck! He had noticed on the wall behind Bohr's desk there hung a horseshoe. He could not believe that a great and honored scientist like Bohr would have a symbol for "good luck" hanging on his office wall. He played with Bohr, "I thought you were supposed to be dedicated to science," he said. "How can you possibly believe in things like 'luck'?" "I don't believe in luck," Bohr answered. "But the man who gave me that lucky horseshoe assured me that it would bring me good luck whether I believe it or not."

The bad news is, it's never easy to escape the rut, never a simple thing to turn your back on all that ails you, never just a snap of the fingers to "turn off" all the distractions of daily life. And this you must do. Or else the Universe will just keep on giving you more of the same. So in your mind you must rise to a higher, greater level. You stay at this level all the time. You deal with life only from this level. You think and feel and talk just about the things you really want, never about the things you already have and don't want. Mother Teresa once turned down an invitation to an anti-war rally. She told them, "Now, if you ever hold a PEACE

rally, call me, I'll come!"

People can come across The Secret, the Universal Law of Attraction, many ways. I stumbled upon it in South Vietnam. I might tell you about this awakening later, but the truth is, in Vietnam I only *learned* about The Secret. I knew The Secret, and I even started controlling it a little, but I did not yet understand it.

Rhonda Byrne, before making the film "The Secret", tells of stumbling across two great books. These books led Byrne to a deep understanding of the great Law of Attraction. Membership on Byrne's secret website is free, and when you become a member, Byrne lets you download these two books, *The Science of Getting Rich* by Wallace D. Wattles, and *The Master Key System* by Charles F. Haanel, in Adobe PDF format, also for free. My own personal understanding of the Law of Attraction came to me when I read another book. The title is *Think and Grow Rich*, written by Napoleon Hill. It was this book that opened my eyes to a fuller knowledge and understanding of this great universal secret!

Hill, like Byrne, reasoned that if you want to know how to

become wealthy, then the right thing to do would be to talk to those who have already attained great wealth. So he interviewed the wealthy people of his time, Andrew Carnegie, J. P. Morgan, Charles Schwab and many others. Hill's book, *Think and Grow Rich*, is the story of these interviews and the conclusions drawn by him. And this great story became the guide for people who possessed a **burning desire** to become wealthy. Whether it was good health, lasting happiness, money, true love, whatever kind of wealth I desired, Hill's book led me to a deeper understanding of the secret to having such great and abundant wealth!

Here are some chapter headings from *Think and Grow Rich* --

- ★ DESIRE (the first step to riches)
- ★ IMAGINATION (the fifth step to riches)
- ★ DECISION (the seventh step to riches)
- ★ PERSISTENCE (the eighth step to riches)
- ★ HOW TO OUTWIT THE SIX GHOSTS OF FEAR -- (If you never read anything else in your whole life, do read this chapter someday. Truly Classic!)

Napoleon Hill spent twenty five years and interviewed over five hundred wealthy people to research and produce this book. And it's

still available. You might have to look a bit, but it's still out there.

There are copies available from Amazon and from the Vic Conant/Earl Nightingale websites. All three books...

- ➔ Think and Grow Rich
- ➔ The Science of Getting Rich
- ➔ The Master Key System

are must reads if you desire a deeper understanding of The Secret Universal Law of Attraction.

T H A N K Y O U

Gratitude... How Important Is It?

No amount of me sitting here writing about how important it is to say "thank you" will convince you. I'll tell you right now, right up front: Only one being, one main person in this entire Universe can decide for you how important it is to say "thank you", and it ain't me. Go look in the mirror. That's the one. That's the one being who can make or break you.

I still have a little problem with gratitude. Oh, sure, it's pretty easy to say thank you when someone does something for me that I want them to do. (Unless of course a particular someone works for me. Then I often hesitate to thank him or her. After all, they were just doing their job, right?) Riiight.

Sometimes you might receive a gift from someone, a gift that you don't need or never wanted, a movie you have no intention of watching, or maybe a juicy beefsteak, and you don't eat red meat? Do you say thank you? Do you? I have to work very hard to remember to show gratitude when anyone gives me something I don't like or don't want. And yet, it's still the right thing to do, and I'll tell you why...

Every time you say "thank you", you don't just say the words, you also hear the words. And what makes this valuable? Why is it so important that you hear yourself thanking somebody else? You tell me! How did you feel the last time you thanked somebody? Did it make you feel just awful? Of course not. It made you feel good. And this is what it's all about, isn't it? It's all about your feeling good, all about your feeling, and being, better and better.

When I thank somebody, it not only makes that person feel really good, it makes me feel pretty good as well. It makes me feel as if i've shown some "class". In fact, the amenities, the gratitude, the thank you's, these make all the difference in the Universe. The Cosmos can sense two kinds of enthusiasm: It senses our deeply passionate desires and turns them into reality, and it senses our passion of gratitude. Say "thank you", and really mean it, every single chance you get!

Long ago, I listened to a taped seminar given by Denis Waitley, one of my most profound teachers. He called it "The Psychology of Winning", and in it he gives many creative ways to use the Secret Law of Attraction. He once confirmed, **"Happiness is the spiritual experience of living every minute with love, grace, and gratitude."** What? can possibly be more important, both to you and to those who do things for you, than expressing your gratitude each and every single time someone deserves it?

**The Universe and Your Life are glorified
not by your groans, but by your gratitude.**

Lots of people attend seminars and speeches every year given by experts who are experienced and often charismatic teachers. Those people feel so good when they leave the building after the talks. Their spirits are lifted way high, and they feel as if they could move mountains! And then, a little while later it all wears off and goes away. Those people fall back into their comfortable ruts, many of them without doing one single thing they learned at the seminar to improve their lives. So if you really want to benefit from knowing The Secret, you must be ready to put it to use, and to keep putting it to use for the rest of your life, because today really is the first day of the *BEST* of your life!

...OF...

It's time for you to begin to feel the power of the secret Law of Attraction in your life! I have felt this power so many times in my life that there isn't enough time or space to tell you about all of them. Let me relate one of the most dramatic examples of my using this universal law to get what I wanted.

This passion began where I first learned about The Secret Law of Attraction, while I was an electronics technician in Vietnam. There were times when we had to do what we were told to do. And there were other times when we did what we wanted to do. For me, this usually meant dreaming about the future.

Deep down inside me, I *knew* I would not die in Vietnam. I *knew* that I would return to the United States alive and well. And I began to know one more thing, that I would someday, somehow, go to Africa! It was during this time that I changed my mind. I had been planning to make a career of the military, but I finally decided

that I would rather find other ways to spend my time. And I became so fiery about going to Africa, so passionate, that I just **knew** that I would soon end up somewhere in Africa helping people in some way.

The seed of going to Africa grew inside me from a small, candle-sized flame into a raging inferno. When I returned from Vietnam, I spent my remaining months until discharge trying to figure out how to get to Africa. I wrote several organizations in Europe, but at the time they were not accepting employees or volunteers. Some of them recommended the U.S. Peace Corps, but the thought of joining that organization grew only slowly in my mind. It was my impression at the time that the Peace Corps was just for nurses, doctors, and school teachers.

After my discharge from the military, I spent some time at home, mostly just lazing around and thinking about Africa. Then one day, "out of the blue", a commercial appeared on the TV set. A turtle, animated, crawled out from under a rock as a voice chided, "Don't hide under a rock! Join the Peace Corps today!" I saw this advertisement for the first time on *the very same day* that I

received an answer in the mail from one of the European agencies I had written. It wasn't the first agency to answer me, but it was the first one to tell me that they only hired Americans who had spent time in the U.S. Peace Corps!

Many people would call this "just a coincidence". It is just these "coincidences" that present themselves as **opportunities**. This is part of the "magic" of how the secret Law of Attraction operates, how it works to bring to your attention, to bring it home to you, just what you must do to achieve whatever it is you passionately want to do.

My passion was to go to Africa. I just *KNEW* I would go to Africa! There was no doubt in my mind. None. I called the Peace Corps. A few days later I received a "ton" of paperwork to read. The application itself was so many pages that it was a bit, well, intimidating.

To join the Peace Corps, the main thing I had to have was some sort of "expertise". It didn't have to be training as a teacher or medical professional. Almost any field of expertise would do to

qualify me as a Peace Corps volunteer. And I was fortunate enough to have been trained by the military in electricity/electronics.

In the package I received from the Peace Corps, there was a huge, folded worldwide map. When unfolded, this map showed all the places in the world that each field of expertise was needed. Of course, doctors, nurses and school teachers were needed almost everywhere. But when I looked for my trained field, that of electricity/electronics, there were only a few places I could be sent. And they were all in South America!

Nope. Not one place in Africa, nor anywhere else in the world, did they need somebody with my particular expertise. At first I felt, well, sort of crushed. Then I began to feel again the absolute certainty that I would go to Africa! So I filled out the many, long forms. And I didn't put down anywhere on that application that I wanted to go to Africa. When it came time to write down where I wanted to go, I just scribbled, "worldwide".

A week or so later, I received an answer from the Peace Corps. I had been accepted, and I would be going to Denver, Colorado for

a "pre-invitational staging" (PRIST). There would be a man there from Ethiopia who would begin our cultural training and tell us a little about his country. As I read the letter, it "hit" me... Ethiopia is in Africa. I was going to Africa!

Africa! I had dreamed about going there for so long. Yes, I had done whatever I could do to make my dream come true. But in the end, there were many things about going to Africa that seemed completely out of my hands. Here again is where the Law of Attraction does more "magic". My thoughts, my passionate and feeling thoughts had not only energized *me* toward my goal. These same thoughts and feelings were an *energy!* sent out into the air, into the Universe. And the Universe aligned itself to take care of all the things that were out of my hands. The Universe presented me with exactly and precisely what I wanted!

Still unconvinced? O, Gentle Reader, then let me show you why it is so very crucial for you to *visualize* what you want. As I was preparing to go to Africa, I found myself becoming deeply involved in still another passion. And this one involved a girl! She was one of the most beautiful girls, inside and out, that I had ever met.

A few weeks before I was scheduled to go to Africa, I met Robin, "Robbie". I did my best not to lose my heart. I *liked* Robbie but, well, I was going to Africa for at least two years, probably longer. Our relationship became more and more heated. When it came time for me to go, Robbie insisted on going with me as far as Washington, D.C. So we went together, and we stayed with her aunt in Maryland while I waited for departure day.

Robbie did everything she could to try to change my mind. She did not want me to leave her. As the time for my departure to Africa came nearer, she became more and more depressed, yet more determined to keep me from going. But I had put too much into this for too long a time to turn my back on Africa! My mind was set, "dead set", on leaving. And nothing could change it. I had made up my mind that I would not fall in love. So I didn't.

Or so I thought. Before I get to the tremendous power of **VISUALIZATION** of your passions, it would be wise for me to tell you about one more thing that I was leaving behind. I was leaving behind not just the most beautiful girl I had ever known. I was also

going away from *the most beautiful woman* I had ever known, my mother.

I was leaving Mom alone. Three months before I was scheduled to leave for Africa, my father died of cancer. My mother, who had loved my father with all her heart, assured me that she was taking things well. And she did seem to be taking my father's death well, at least on the outside. My passion for going to Africa kept me going, and yet, I was perfectly willing to postpone, to put it off until my mother was better. "Go on, go do what you have to do, Scott. I'm okay, I'm all right. You've worked very hard for this Peace Corps thing, and there's no reason for you to put it off. I'm okay, really!"

So when the day came for my flight to Ethiopia, I set my jaw and got on that plane. Just before I did, Robbie slipped me a photo of herself in a pair of shorts and blouse. I glanced at it, her smile was engaging, almost hypnotic, and I kissed her goodbye. Then I packed her picture away and boarded that jet.

For the first two weeks, the other volunteers and I were kept

very busy. New sights, new sounds, new smells, and we traveled by airplane, bus and train. So I completely forgot about the photo of Robbie. My mind was kept busy, moved, delighted and absorbed by all the details of getting there! After two weeks, we all finally settled down enough to unpack at our first training site, a little town called "Jimma" in the southern part of Ethiopia.

As I unpacked, I came across the photograph of Robbie. There was a little store in Jimma that sold "odds 'n ends", and I found a pretty little picture frame there. Each night after a fantastic day of training, I would see Robbie's photo as I turned out the light to go to sleep. And each morning as I awoke, there she was, her picture smiling at me from the bed-table nearby. During the day my time was filled with learning a new language, how to adapt to the sometimes dramatic, even shocking, cultural differences, and all the technical aspects of the job I was sent to do. But each night, and again in the morning, there was Robbie's photo.

The stupendous power of visualization was at work on my mind! After just a few days, I began to long for home, for more of Robbie. I yearned to be with her again. I had no idea, but I had fallen

head-over-heels in love with this girl. My passion for her had been buried by my passion for going to Africa. But seeing her photo each morning and each night, brought this hidden passion to the surface. After spending just one week in Jimma, a total of three weeks in the beautiful country of Ethiopia, East Africa, I gave it all up. I said my goodbyes to my fellow Peace Corps volunteers and traveled back to the capital city, Addis Ababa. There, I terminated my Peace Corps assignment and flew home.

While in Jimma, I had come down with (*attracted*) a serious malady. And the physical cure, the medicine pills the doctor gave me, were worse than the disease! I spent almost the entire trip home in the little restrooms on the jet plane. At first, Robbie was so glad to see me! For her it was if I had never left. But I was different, a very changed person. Between the physical pain of the disease and the constant thought of having given up all I had worked for, I began behaving like the mean side of Shrek, the ogre! Suspicion filled my mind. I kept visualizing this beautiful, loving and loyal girl betraying me. So in less than a month, Robbie had taken enough. She dumped me.

Robbie couldn't stand the person I had become, and rightly so. For frankly, I had a hard time putting up with myself. I even thought about suicide at one point. Then that other gorgeous woman in my life, my mother, began to lift me up out of the darkness of the stench I had attracted to myself. Little known to me, Mom had been going through some very dark times herself. My father's death had torn her apart much, much worse than she had let on. And here I was, one more thing to worry about. But in helping me, in spending nearly all her time trying to raise her son's spirits and helping him to get back on his feet again, my mother also helped herself. Her mission to help me raised her own spirits enough for her to get on with her life.

Drifting around for awhile, I spent the next few months in and out of an undignified stupor. Gradually, with the help of my mom, I started once again to feel the passion of my attraction to Africa. I called Ted Sparcus, the Washington D.C. recruiting officer for Peace Corps, Ethiopia. Ted told me that the Peace Corps might take me back. But there was no way I would be allowed to return to Africa, especially Ethiopia. Peace Corps had only very rarely let a terminated volunteer back to the same continent, and had *never* let

one back into the same country!

But deep inside, I *knew* I would be going back to Africa. I had never really lost that passion. A few weeks later, Ted Sparcus called with offers from three areas, the Phillipines, Iran and Jamaica. I thought about this for a week, and I had pretty much decided to settle for the Phillipines. Then a surprise phone call from Ted... "Do you *really* want to go back to Africa, to Ethiopia?" he asked. "Yes! Absolutely," I answered. Ted told me that the director of Peace Corps Ethiopia, Dr. John Sills, would be in Washington D.C. for one day to attend an important meeting. After the meeting the director would immediately fly right back to Ethiopia. Ted said that if I could hurry it up into Washington, he might be able to get me in to see Dr. Sills for a few minutes. But there were no guarantees.

I boarded a plane and was in D.C. that evening. Dr. Sills had arrived and would attend his meeting in the morning just before he headed back to Ethiopia. I had arrived too late in the day to see Dr. Sills, so I hoped that the next morning, Ted would be able to squeeze me in to see him. That night, I couldn't sleep. I had

absolutely no idea what I was going to say to Dr. Sills. I walked around the U.S. capital city, trying a cup of coffee here, a sandwich there. I ended up in the park that housed the gigantic Washington monument and the regal Lincoln Memorial. I sat on a park bench asking, asking, over and over, what was I going to say to Dr. Sills the next morning? Then all of a sudden, one word entered my mind! It was so loud and intense that no other word could ooze by it. And that one loud thought was... "Truth!"

"T R V T H". That little, short word echoed through my mind, over and over and over again. Tell Dr. Sills the truth! At that moment I lost whatever lack of confidence I had brought with me to Washington. I knew that if I told John Sills the truth, and did not hold anything back, this and this alone would get me back into Ethiopia! I was sure of it!

The next morning, I found Ted Sparcus sitting at a small desk outside his enclosed office. Ted had moved out briefly to let Dr. Sills use his office while he was in Washington. Sills was still in the big meeting, so Ted invited me to sit down and wait. Twenty minutes later Dr. Sills stormed into the office. Without even a

glance at anyone, and looking very angry, he headed straight for Ted's office. Ted looked at me and shook his head. As he arose from his temporary desk, he said, "I'll be right back." Less than a minute later, he came out from talking to Sills and said with serious tone, "Dr. Sills will give you five minutes, and not a second longer."

I entered the office, and Dr. Sills was sitting behind Ted's desk. He asked me to close the door, motioned to a nearby chair, and I sat down. "So," he began, "Ted tells me you want to return to Ethiopia." I nodded, "Yes, I do." "Well, I will say that it impresses me that you came all the way here to speak with me. That's the only reason I'm giving you these five minutes. But I have to be honest with you. I am not the least bit inclined to let you come back to Ethiopia." I sat silently, hoping for the inevitable question, the question I *knew* he would ask me. Dr. Sills got right to it.

"I've looked over your record. You were in-country last year for just three weeks. Then the record says that you terminated for 'personal reasons'. And that's all it says. Three weeks. You're probably the shortest-term volunteer we've ever had. Not even a volunteer, you were still a trainee! Why did you go home? Why did

you terminate?" That was the question I'd hoped for.

I told him everything. I told him the truth. I related that my dad had died, and that my mom had seemed to be taking it well. And I told him about Robbie. I spent more than thirty minutes with Dr. Sills, not just five minutes. Near the end I related that, while I had terminated for different reasons, maybe all the wrong reasons, the end result was that my mother had needed me. And in helping me get over Robbie, she was able to bring herself up out of her own depression and despair over my father's death.

Dr. Sills sat for a time thinking about what I had said. Then he looked at me. "If I let you come back, I want your solemn promise that you will not terminate early!" I smiled and nodded, "I won't terminate, I promise!" "Okay then, you'll be returning to Ethiopia this June. Go tell Ted." Then I deeply thanked Dr. Sills. I was so grateful! I left the office and smiled at Ted, "I'm going back! He's letting me go back!"

"You LYIN'!" Ted exclaimed, "He just told me, when I went into his office, there was NO WAY he would let you go back! Do you

have any idea why he's here? Did he tell you what that big meeting was all about?" I shook my head, no. Ted continued, "Dr. Sills came here today for the sole purpose of getting all his Peace Corps people, staff and volunteers, PULLED OUT OF ETHIOPIA because of all the violence over there! College students turning cars over and burning them on the streets of the towns and cities. No Peace Corps people have been hurt, yet. And Dr. Sills is concerned that the violence is escalating. But the big guys at the meeting turned him down. Nobody's going to be pulled out of Ethiopia. And now you tryin' to tell me that with all that, he's letting you go back?"

"That's what he told me. You can go in and ask him yourself," I answered. Ted couldn't believe it and did go in and ask him.

This was more than enough supporting evidence for me. The Universal Law of Attraction is real. Very real. It worked for me "behind the scenes" in exactly the same way it always works for everyone...

even you.

...THE BEST OF YOUR LIFE !

Have you ever wondered how some people seem to have everything they could possibly want in life, and others have little or nothing at all? Have you ever asked yourself why you find yourself somewhere between these two extremes unable to rise any higher? Then you are already very different from most people, because most people don't even bother to ask themselves these things! So now you know the answer, but will you use it? You now know that it's your knowledge of the Secret Universal Law of Attraction that makes you different, that sets you apart, that gives you everything you want. All you have to do is ask.

And *man*, have I been asked! People ask me all the time, "How could you possibly believe in such a thing?" And I tell them without flinch or hesitation, "Because I've made it work for me many, many times. And so have you!" People don't seem to realize that the Universe does not require their belief. It does not hold back what it senses that you want just because you find the whole idea to seem

preposterous. The Universe always takes your dominant thoughts and turns them into reality. And it doesn't give a hoot nor holler what you think about all that!

I've known about the Secret Law of Attraction for more years than I care to remember. Rather than give you a long list of my many experiences with this Universal Law, let me tell you how I first came to know about it. And I hope you already realize that the Law of Attraction has been at work in my life since the moment I was first conceived, just as it has been at work in your life. My realization of this, however, did not begin until I was sent overseas to Vietnam.

My station in life, and therefore my lifestyle level, had risen to "great heights". (That's a joke, friend.) I was in the military and serving in South Vietnam, the "Republic of Vietnam". My fellow soldiers and I were between battles and just sitting around gabbing. One of them began to play with me about my being a "lifer". At that time, my intention had been to serve for at least twenty years, maybe longer. And this had stamped the "lifer" label on me.

Jab after jab, my younger buddy kept on throwing "word punches". Then one thing he said really "got to me". I'll never forget. He said, "Man, there's no way I'd ever be a lifer. The only reason lifers stay in the military is because they can't hack it on the outside." This started me thinking. And I wasn't thinking about *what* he had said, because I'd heard it before. No, I was thinking about *why* he said it. Did he really believe that I thought I couldn't make it as a civilian? Or did he say that just to see if he could make me angry? (Was he actually just "pushing my buttons"?) And this is when I began to realize what was happening to me. Was I going to give in and get angry? Am I going to plod through life letting other people push my buttons and control me? Was this really what I wanted my life to be like?

So I made a decision. I arose and gave my friend a light, friendly "love tap" on his head. His hat fell to the ground, and I smiled, "Get a haircut, Boot." I took a walk and found a nice, quiet place to check this out. And I realized that I had attracted him and his comments to me. I had, in fact, attracted all of it to me. Even my being in Vietnam was something I had attracted. Three years before this, before I had even enlisted in the military, my brother

Ted had been shot and killed in Vietnam. And I remember how passionately I had wanted to go there. My first choice on my "dream sheet" would have to be... Vietnam!

You can probably decode what a dream sheet is, but I'll tell you anyway. It's a form that all students had to fill out and give our choices for where we wanted to be stationed when military school ended. And I was determined to go to Vietnam. "You really want to go to the 'Nam?" We were all on a break from class when one of my instructors asked me this. He had discovered an important fact that turned out to be crucial for me. After I answered "Yes!", he told me that almost nobody had ever gotten their first choice on their dream sheet. "If you really want to go, then your best bet is to make Vietnam your *second* choice." Then he grinned and said, "And besides, putting 'Nam down as your first choice will just land you up in the psych ward!"

So I wrote Vietnam on the dream sheet as my second choice, and before I knew it, I was on my way to South Vietnam. When you are truly passionate about something, then somehow you and the Universe find a way to make it happen.

It is clear to me, as clear as any bright, sunny day on Earth, and I deeply hope that it is now just as clear to you. We attract everything we wish, everything we hope for, just by thinking and by feeling passion. Whatever you think about, feel passion for, have a ***burning desire*** for, that's what you'll attract to yourself. All you have to do?... Ask for it.

Yes. Ask for it. I know I keep saying this, and it might seem incredible. *Asking gives you control.* The question is the beginning of everything worthwhile. Always ask. Ask the Universe for what you want. Be as outrageous as you want to be. Be as specific as you can be. Think about what you really want. Feel it deeply, feel it passionately. And always, always ask. For when you ask for something, this works to "set your jaw", to set your mind, to deepen your passion even more! Ask for it. Always ask.

BUT... BUT... WHO DO I BLAME ?

Maybe you used to blame your parents, or your brothers and sisters, or your teachers. Or maybe you just blamed the weather for whatever has happened to you all your life. So by now you might be thinking that the only person you have left to blame is yourself? The truth is, there is "*no blame*". There is nothing nor nobody "*at fault*". There is only you ~~accepting~~, no, you **TAKING** the responsibility for all the things that you experience.

Responsibility is *not* blame. Forget about blame. Blame is in the past. And you are letting go the past. Aren't you?

We are now almost to the end of this book, you and I. And the one, the only revealing question you must ask yourself now is...

Where do I go from here?

The Law of Attraction is exciting! There really is only one exclusive way for you to go. Some powerful people have said to me, "Isn't this really a 'control issue'? You say that I'm in control, but isn't control really just an illusion?"

No, control is not an illusion. The Law of Attraction does sometimes work like magic, but it's no illusion!

I decided long ago that I wasn't going to let my soldier buddy, the Boot, or anybody else for that matter, push my buttons and control me. Now **you** can decide to improve **your** life by taking charge of your thoughts and feelings, by pointing them passionately toward everything you want!

Sounds like "work"? No, not really. Well, okay. Maybe a little work at first. When you go places with passion, you go because you *want* to go! When you do things with passion, you do them because you *want* to do them! Always remember to be grateful as you go, as I am eternally grateful to you. To show that you are thankful creates, maintains and reinforces friendship and love. Be someone's friend, and *especially!* be a friend to yourself.

Please don't worry yourself now about blockages. Not at this point. It's true that you may have inside you some deeply hidden blockages that might keep you from getting what you say you want. If you make your passion strong enough, it can get through almost

anything that the crocodile (reptile) part of your mind might throw up to block it. If after all this, you still are not able to control the Law of Attraction, then as one of my great teachers, Joe Vitale, would tell you with a huge grin... You can rid yourself of those blocks by remembering four easy things to say daily to your old crocodile and mammal minds. And these four things are...

- I'm Sorry,
- Forgive Me,
- Thank You,
- I Love You.

And as I have told you many times, by heating up your passion into a ***burning desire...***



Any and every way that you can!

Some people who don't "get" the secret Law of Attraction seem to think that it's all about asking for something, and then sitting back on their duffs and waiting for something to happen. If that's

what you think after all I've told you, then maybe you need to do a word search in this book for "passion" and "passionate" and "feeling". It's true that there doesn't always have to be a lot of work involved, yet a key ingredient is passion--a powerful feeling for what you want. When I feel real passion for something, then I do everything I can think of to get it, and I can almost "hear" the Universe say, "Your wish is my command!"

Don't you worry about "believing" in the secret Law of Attraction. The Universe doesn't require your belief. If you have been able to look back in your life and recognize those times that the Universal Law of Attraction has worked for you even without your knowing it or being aware of it, even if you just *think* that it *might* have been working to get you your passions since the moment you were first conceived, then you have a firm basis for faith, for trust. So trust in yourself (you know a lot more than you think you do), have faith in yourself, and take full control. You can make the secret universal Law of Attraction work for you. You can ask the Cosmos to give you everything you want.

And the first time you break through, the first time the Universe

says, "Your wish is my command," and gives you what you want, there will be no more need for faith or trust or even for believing. You will **KNOW** that it works. You will know this just as surely as I have known this ever since my tour of duty in Vietnam. And I know that you will use this secret knowledge wisely!

Thank you for reading and for proving to yourself (I know that you will!) that the Law of Attraction gives you any kind of wealth you desire. I know, and you know, you will have a breakthrough! You will discover revealing new and unique things about yourself, because...

**TODAY IS THE FIRST DAY OF
THE BEST
DAYS OF YOUR LIFE !**

THE BEGINNING

